# A Case Study on Sunya Medicine

Dr. Partha Pratim Kalita

Arkad Medical Research Foundation Vill- Malikuch, Near Girin Choudhary P O- Bar-Digheli, PIN- 781334

### **Objectives:**

- A platform and a space first ~its kind for humanity ↔ when Science meets spirituality to tap human health and raise human consciousness.
- To decorate a 5D humanitarian project . From high-tech hospital features to Quantum technologies, It's vision is to show humanity that it is possible to move from medicine to no medicine.
- To produce drugs, objects, AIs- vibrating at lighter and higher frequency.
- To introduce a new system of 'Sunya MEDICINE' to approach life to create the ultimate climate within for health & to expose modern medicine to classical ayurveda, classical homeopathy, Siddha and different streams of medicine.
- To offer one drop of spirituality to every human being to ensure that each individual can experience the deepest core of life within.

## Introduction:

With the history of human evolution, the evolution of medicine is at stack. Instead of giving medical system merely The physical approach, with the development of science and technology, we can delve much deeper into the human mechanics-different aspects to it, may be not at the same time but atleast in a whole way. Everything we ever thought of, everything we did, any outside action we perform in facade first occurred fundamentally in the human mind. If such is the basic nature of our actions, what we think & what we do in our mind is of much significance. With the rise of technology we are capable of even showing to you now that 'Mind' is matter. Today, modern science tells you beyond any doubt that the whole existence is just energy manifesting in so many different ways. What you call as creation is the same energy from the grossest to the subtlest. As you make it more subtle beyond a certain level of subtleness, you call it divine. Below a certain level of grossness you call it animal. Further below you call it inanimate. When we talk about medical system, we are basically referring to this human system not just the body. As the system has other dimensions to it to create the body, if we do not want to see the subtler dimensions, maybe we are just intricating different pathways which is not really medical to look at-because medical should be WHOLE. . Why i say

this is- a human does have imagination but too many disorganized ideas will intricate THE MIND, what you think as your wildest dream can be a nightmare too. This is the first time on earth, the kind of luxury and comfort we are getting, which we could not think of 100 years back, if we will not look at the system now, then when? If we can remind ourself-Man is mortal, maybe we work sooner-the better not for you and me alone but also for the next generations to come. Even if we do not know other dimensions to this system, we know we have the body, we have the mind & we are the play of energy and time. So, its time we not only look at just the body for the seed of disease we also have to look at the soil-the pertinence of it.

The one thing that you don't want in your life is emptiness. All the trouble that you take on in your life in terms of education, family, profession, money and problems, is because somehow, you want to ensure that your life is not empty. That's all you are trying to do, at any cost. But if you become empty consciously, that is the ultimate nectar of life. And yet, in your normal perception, it is absolute poison. Nobody wants it. But if you drink it, it becomes your nectar.

At the same time, all the other things that you thought of as nectar – whether it was knowledge, money, power, love or whatever – you ran after them, but what is it that has happened to you? Little pleasures have come to you but ultimately, by the time you look around, your life is gone. In trying to run after the so-called nectar, you are robbed of life. And all the bitterness and suffering on this planet is only because people are running after these things, isn't it? But if you go for that which looks like poison, your life will become nectar. That is the nature of the truth.

If the divine has to enter you and manifest itself within you, you need empty space. Otherwise, all that is there is just the devil of your mind. Only if emptiness happens, divine-ness will happen to you. You have known love, joy and peace only in moments of emptiness – all the beautiful things have happened to you only in moments of emptiness. But logically and mentally, you think emptiness is the one thing that you don't want. It looks like poison, but it is nectar.

If you run after fulfillment, it will be an endless run. You will never be fulfilled. There are three ways in which you try to fulfill yourself. You want your pocket to be full with wealth. You want your head to be full – you want to know everything. You want your heart to be full – you want to love and you want people to love you. These are the only three ways through which you are attempting fulfillment. Now suppose we give you all the money in the planet, will your pocket become full or can it take some more? It can take some more, isn't it? So in the very nature of things, your pocket cannot become full. If I grind all the libraries on this planet and pour it into your head, will your head become full? No, it can take some more. So in the very nature of things, your head cannot become full. If you include the whole population as a part of yourself and love them, will your heart become full or can you include a newborn child also? You can, so this also cannot become full. So if you run after fulfillment, you will be on an endless run.

But emptiness is always full. That which is empty is absolutely empty. It is never half empty. There is no such thing as incomplete emptiness. To see this, it takes awareness, and only then you recognize the nectar of life. Otherwise, you mistake the poison as nectar and waste your life running after that. This is the fundamental of spiritual life. People think that someone on the spiritual path has given up everything. They have not given up anything. They have hit a goldmine. No problems, no nonsense.

If you want to know the divine; the only way is that you have no quality of your own. You just become a reflection. If you become a reflection; what will you reflect? Only the Ultimate. If you consciously hold an asana, it can alter the way you think. The way you think is the way you feel; the way you feel is the way you experience life; the way you perceive life is the way you act. Whether your action is conscious or it is unconscious that is what it matters. What you call as your action(karma) is certain memory; the memory is simply information you had written on your system, medically we are referring to it as genetics. Your behaviour and genetics: they are the reflection of the mind's perception. So simply by working on your daily kriya, your very genetics can be changed. So, if you keep your mind as a mirror, it just sees what is there. If God is within you and you missed it, that's a tragedy. Your fundamental genetics will change within a matter of three to nine months by doing certain things with your system. The mind is there to perceive not to cook up nonsense. It has to be like a mirror. What can you think is just what you gathered over a period of time, what you do not know you cannot think it, feel it. So what you can think is just the previous datas recycling again and again; so you feel like imprisoned to be in the mind. Body and mind are two platforms, upon which you need to stand and see, but you decide to fall into it and suffer. What is the biggest possibility for a human, you are suffering that. Can you think of a greater disaster than this? You must know: Your biology is made by your biography.

Pain is good because it reveals to you the parts within yourself that haven't healed yet. And if you decide to pop in a pill instead of looking into the parts, it is a dumb way to live life. Every disease has its own journey from atomic to gross. These particles are created by:

- Memory-imprints
- Mind-Thought
- Emotions
- Physical activities
- Food: Veg or non-veg
- Sleep
- Addictions
- Environment

## Different states of the particles :

Gaseous stays for shortest time; Liquid state stays for longer time; solid stays for longest time. If they do not get detoxified in time, density of particles will increase and create a certain dis-ease in the system. Initially they are in gaseous state, so lungs try to throw it out. Then kidney tries to detoxify in form of liquid. Then intestine allows solid state of particles to flow out. Skin is the other media to detoxify. Outermost is the energy body; innermost is bones to be affected to plasma.

Example of diseases in different layers of human system:

- Mind- Insomnia, depression, Schizophrenia, hysteria
- Emotional:hatred, jealousy, sadness, frustation
- Physical:
  - Gaseous- disease is only at energy level; arrhythmic breathing, beta-frequency etc
  - Liquid- blood sugar, blood cancer, kidney failure
  - Solid- Ulcer, tumor, fracture, hernia, heart-blockage etc
  - Complex state- autoimmune disease, skin diseases, genetical, hormonal-thyroid, diabetes, infertility etc

Shame, fear, guilt, jealousy are all parts of human experience till you suffer it to create your own reality, in which you can be imprisoned to death. Death is a concoction though ; it is being placed upon you if you know how to unfold certain knots in the system, our body and consciousness were designed to mutate and literally shift to another timeline of reality. Human health is like building the structure of the homestead, it is invested once and then maintained. If you need to invest money other than consciousness everyday on health, it is no good a health as such, it is pure commerce- a way of survival. This human geometry is triangular in its fundamental in shape. If we talk about health, atleast we must invest for the three walls: thought, emotion and action-a hologram. If we are planning to build a space for protection we need four walls. The walls are made in such a way, that it supports each other. If we are persistently ignoring the fourth, we do not really have it. Such is our health, we need to uprear the walls together. Only one wall will not make a home. So, we keep insisting to everyone we meet, to come to a certain discipline with necessary determination so that we can take individual action, cooperatively. At one side if we are so fastened to only one disease-a symptomatic flare, in other sides the particles will flux to deeper layers of the system. Instead of going in a holistic way, if we go one by one, we will go nuts- because it is just a play of certain repeated experiences from within. Without knowing the essential nature of life, we are somehow trying to blunder through. Investing your life into health, is like investing all your time into grooming. Gromming will just present you in the society but if you do not know what you would present, it will be of no consequence. Health must not be an issue; it is an issue for the unhealthy. If you resolve the situation within you, it usually resolves outside of you as well. Our education system is such that we have glorified our thought to such a place - first to bring that down itself will take time. Because, everybody thinks that they are smart -to make them understand the stupidity of their thought will itself take time. Once you think, you are smart, now you can not stop.

The mind is like a mirror. If a horse is reflected in the mirror, it will not discriminate as to what is reflected. The intellect is necessary to define it, That's a horse. The ego chimes in next and says 'Why, that is my horse!'It is only when feeling and emotion become engaged that one says "How happy I am to see my horse!". Thought itself is neutral. It is only with disturbed feelings and emotions, likes and dislikes along with emotional reactions to events that a human truly suffers. Human emotion will always compromise the intensity of cognition unless it is brought neutral. Suffering is due to ignorance about one's true 'self'. You can not pour from an empty cup. To be a beacon of love and light- to offer it truly to the world, you must first nourish it within yourself.

If you have known by now, **SUNYA** is working like miracle. It has already been 5years, if you see these people-the joy in their face, you will not regret. For the first time it is possible, with the rise of technology and science if nonetheless we can manage to know the greatest worth of life, this can be a blissful world. This is our truest endeavour to merge different dimensions of human mechanics-

Body(medicine)- mind(grammar)-soul(Yoga) still and all in AMRF--Gatih-Upanishad respectively. Gatih itself is a masterpiece, the world healer but it will take a whole more writings to put it in words. So, i hesitate to say it in here. However, If you really pay attention to life, you would like to break boundaries which is stopping you to move to it unless there is a threat. So, we are basically working on the threat so that life can happen without a stop. Initiation into a spiritual process means to stir up that intelligence within you- which is the source of creation; you allow it to function. Do not use your stupid brain. This does not mean i am against the intellect. I am not. Today there is a lot of artificial intelligence in the world. The computers are getting really smart but no computer can ever equal a human being. At some point in future, or even out now, a computer may be built to do just about everything that a human being is doing right now but the computer can never compete with human stupidity. So, we will always be incomparable. Just in everything that you touch, the food that you eat, the air that you breath, the earth that you walk upon and the very space in which we exist - the hand of the creator is very obvious for someone who pays enough attention to it.

# Entanglement & the power of sound

In quantum physics, entangled particles remain connected so that actions performed on one affect the other, even when separated by great distances. The phenomenon so riled Albert Einstein he called it "spooky action at a distance." The rules of quantum physics state that an unobserved photon exists in all possible states simultaneously but, when observed or measured, exhibits only one state. Spin is depicted here as an axis of rotation, but actual particles do not rotate. Entanglement occurs when a pair of particles, such as photons, interact physically. A laser beam fired through a certain type of crystal can cause individual photons to be split into pairs of entangled photons. The photons can be separated by a large distance, hundreds of miles or even more. When observed, Photon A takes on an up-spin state. Entangled Photon B, though now far away, takes up a state relative to that of Photon A (in this case, a down-spin state). The transfer of state between Photon A and Photon B takes place at a speed of at least 10, 000 times the speed of light, possibly even instantaneously, regardless of distance. A proposed experiment would send one photon of the entangled pair to the orbiting International Space Station, a distance of around 310 miles (500 kilometers). This would be the largest distance that has been experimentally tested.

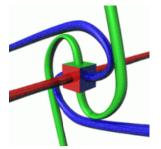
It is not because of the sound. In modern science, we are trying to explain the power of sound as resonance. The classic example in every textbook is the bridge, which can take tons of weight, but breaks when soldiers march over it in unison. Just about anything can be cracked with sheer sound, just by something like the snap of a finger. If two people just do that, if it is a perfect match, you can bring down a building because being in absolute unison can create a certain energy where one plus one is no longer two, one plus one is a million.

In classical music, there is something called jugalbandi. Jugalbandi is never about two people singing together. They are always setting a slight difference, because the people who crafted this type of music were aware that if two musicians are absolutely perfect, they can cause damage to the physical structure, so people may just attain because their bodies may break. There have been any number of legends where somebody sang and the walls cracked or something like that happened. This is not destructiveness. This is a certain perfection, but maybe they were just singing out of their joy and did not know how to focus on what needs to happen because of that. If one has the necessary focus and perfection, he can also leave his body. He can dematerialize himself – from creation to non-creation.

## From Creation to Non-creation

The whole process that you see in existence is from noncreation to creation, from un-manifest to manifest. But the other process is also happening. Today, cosmologists have recognized a whole galaxy will collapse into itself and become a black hole. It is nothingness, and nothingness is recognized as the most powerful space in the existence. Today, they are beginning to call it dark energy.

If any energy happens at a certain scale, sound is produced. Have you seen when fighter jets break the sound barrier, boom – like a bomb it goes? All that happened is an object crossed a certain limit and suddenly there is an explosive sound – nothing exploded, but there is sound because energy is created. The energy is the basis of the sound, sound is not the basis of the energy. At the same time, sound is the basis of energy on another level. It is because of sound that energy has happened. When there is no sound, there is energy, but it is un-manifest, it is simply there.



Essentially, sound is the first step into creation from noncreation. But yoga is about uniting that which is creation and that which is non-creation. Creation means a limited form; it may be a planet, a solar system or a galaxy, but still, it is a limited form. In our perspective it may be large, we may think the universe is unlimited, but that is only our perspective. Essentially, any form is a limited space. So, yoga means to yoke or to unite that which is limited with that which is unlimited. We want to couple them in such a way that we have the experience of both – what is a form, to make it formless, but at the same time, we don't want to lose our form.

The process of creation is moving from un-manifest to manifest. But another dimension which is even more important is moving from manifest to un-manifest. This culture recognized the significance and importance of that and held that as the foremost process in the existence. That is why we hold the Destroyer as the Mahadeva. Destroyer means he is moving the manifest into un-manifest. Making the un-manifest into manifest is a limited process. Making the manifest into un-manifest is an unlimited process. Today, modern nuclear science is explaining in a certain way :You can see virtual proton and virtual neutron being created in a vacuum space by just playing of energy in a nearby chamber. That means creation is happening in absolute vacuum space. So in a non-existence which we are reffering to as Shiva, the first play of energy is happening-existence is beginning to happen. So we say this is Shakti. Once She begins to play, creation begins to happen. The first form of creation is always the sound.

We always try to understand everything logically. Logic always move step-by-step, but creation doesn't. It is pointless to scheme it in a black board how creation happens-It is a silly way to go. There is only one way-if you turn inward anything you want to use you can use whether sound or a light or more gross of a form, anything will work.

#### Spin

In quantum mechanics and particle physics, spin is an intrinsic form of angular momentum carried by elementary particles, composite particles (hadrons), and atomic nuclei.

Spin is one of two types of angular momentum in quantum mechanics, the other being orbital angular momentum. The orbital angular momentum operator is the quantum-mechanical counterpart to the classical angular momentum of orbital revolution and appears when there is periodic structure to its wave function as the angle varies. The existence of spin angular momentum is inferred from experiments, such as the Stern–Gerlach experiment, in which silver atoms were observed to possess two possible discrete angular momenta despite having no orbital angular momentum.



In some ways, spin is like a vector quantity; it has a definite magnitude, and it has a "direction" (but quantization makes this "direction" different from the direction of an ordinary vector). All elementary particles of a given kind have the same magnitude of spin angular momentum, which is indicated by assigning the particle a spin quantum number.

The SI unit of spin is the  $(N \cdot m \cdot s)$  or  $(kg \cdot m2 \cdot s-1)$ , just as with classical angular momentum. In practice, spin is given as a dimensionless spin quantum number by dividing the spin angular momentum by the reduced Planck constant  $\hbar$ , which has the same units of angular momentum, although this is not the full computation of this value. Very often, the "spin quantum number" is simply called "spin", leaving its meaning as the unitless "spin quantum number" to be inferred from context.

When combined with the spin-statistics theorem, the spin of electrons results in the Pauli exclusion principle, which in turn underlies the periodic table of chemical elements.

To understand this we need classical electromagnetism theory. It says:

whenever a charged particle moves, it creates a magnetic field . We can see it ourself if we put a compass next to a charge carrying wire. And thus if we have a charged particle going in a small loop, it not only creates a magnetic field, it pretty much looks like it's from a bar magnet. The field which is produced here infact is creating vortex to the Up-infinite and Down-infinite

The most familiar effects occur in ferromagnetic materials, which are strongly attracted by magnetic fields and can be magnetized to become permanent magnets, producing magnetic fields themselves. Only a few substances are ferromagnetic; the most common ones are iron, cobalt and nickel and their alloys. Although ferromagnetism is responsible for most of the effects of magnetism encountered in everyday life, all other materials are influenced to some extent by a magnetic field, by several other types of magnetism. Paramagnetic substances such as aluminum and oxygen are weakly attracted to an applied magnetic field; diamagnetic substances such as copper and carbon are weakly repelled; while antiferromagnetic materials such as chromium and spin glasses have a more complex relationship with a magnetic field. The force of a magnet on paramagnetic, diamagnetic, and antiferromagnetic materials is usually too weak to be felt and can be detected only by laboratory instruments, so in everyday life, these substances are often described as non-magnetic.

The magnetic state (or magnetic phase) of a material depends on temperature and other variables such as pressure and the applied magnetic field. A material may exhibit more than one form of magnetism as these variables change. As with magnetizing a magnet, demagnetizing a magnet is also possible.

## Sunya pharmacology

Sunya Pharmacology deals with the detailed study of Sunya drugs. This branch of Sunya medicine describes:

- Raw drugs used in Sunya.
- Potentised drugs, synthetic drugs used in Sunya
- Quantum spinning and purification of drugs
- Medicinal preparations

The drugs come mainly from plant kingdom, animal kingdom, metals and minerals. Also there is use of mercury and arsenic in depth. While we can bring any drug whether it is natural or synthetic like of modern medicinal uses to zero energy field, so we call it Sunya. Purification involves cleaning, frying, soaking and grinding with different ingredients until impurities are removed. Then, it goes through a certain entanglement process or we can say entrainment for taking it to a certain lighter vibration to reach certain characteristics in the drugs like dryness, heaviness, lightness.

It is the approach which differs all the medical systems from each other. Allopathy uses drugs against the natural law of the system(Allo means opposite). Western medicines attempt to alleviate the symptoms of disease by compromising the natural defense of body whereas the homeopathy embraces the body's natural response system by either encouraging the symptoms of healing or attacking the root cause of the illness. So, any drug is not homeo or allo itself, it is on the uses what makes the difference. If a person is feeling heavy, if we prescribe medicine to make him lighter straight without knowing the cause-this way, it may be more detrimental to the system. So we must get to know what aggravates the symptoms, if you remove the cause, the symptoms will be removed but the system must not be challenged . Unfortunately, there had been the system of education, instead of understanding the basic sciences of different streams of medicines, they are trying to function at the most rudimentary level which is coming from a small part of your mind which is the Intellect, which is a very unfortunate way to look at health. Studying homeo, ayurveda, siddha, and other systems of medicine, you have to be super sensitive to life within and around you. If you are in-sensitive to life process and you prescribe such medicines intellectually, you can cause more harm than good. It had been days when we will be carrying out our programs, we keep our volunteers on fasting or intermittent fasting, or to say it simply we bring certain order and discipline to the system so that the way you see the world, the way you talk, the way you perceive the medicines, or the way your breathes changes and sensitivity to life happens. That is the reason these profound sciences had been aloof to people and with time they had been disdained because we are producing more and more in-sensitive people generation after generation; they are in-sensitive to life itself. . We can give birth to a child, it is not a big thing to do, an animal does it with frisk what a human can not. If we bring the system to a certain level of ease and highly perceptive to life, this system can give birth to deva like Krishna. There is a certain dimension of the mind which is intuition which if we can tap it consciously, just by touching the medicine you may know how it would behave in the system before it is ingested. There are two ways we can treat- one is preventive method or the palliative method to alleviate the symptoms. As we know by the statement: Every action has equal and opposite reaction, more drugs whether homeo(for the system) or allo(against ) are used, the level of energy in the system is thus compromised. So we must be careful in just using the drugs anytime we like, because it is compromising the system. When we say Sunva, we are using different life sciences to bring the system into higher and lighter vibration so that the encrypted information's which are in the deepest layers of the system find a way to open up itself and then we can use drugs as it is

required. Every drug in sunya is purified and is held under a certain discipline which follows certain laws of Quantum superposition and entanglement and bringing it to the zero energy field. If we oberve the human system- first we chew the food, half digestion is done in the mouth-the food is grinded then it is given fire in the liver and stomach to break them into simpler structures so as to classify them into different dhatus. Each and every dhatu dissolved into itself to create certain emptiness to convert themselves and open up into the other dimension of reality so as Rasa-Rakta-Mamsa-Meda-Asthi-Majji-Shukra as described by the Rishis of ancient times. Each dhatu is created after 5 days of formation in elemental level. When a bone is broken if you give a drug first the rasa will be created and to reach the state of the bone, it will take 25 days, so we are creating a certain drug in a certain discipline so that the body can take the drug directly to the bone because it has been given the same order as of the body aligning to its geometry.

Once the drugs are created, it is used as per the process in Sunya medicine. When we say medicine it is a process from etiology-diagnosis-prevention-treatment. So, in Sunya it is not only the drugs working on the body, different frequencies of sound have been used to break certain structure in the body acting as the poison, depending upon the nature of the poisons, creating the disease. The sounds are created in such a way that it is aligned with the geometry of the system made out of certain frequencies. Sunya fundamentally brings health in the system, by bringing the system into certain frequency of lighter vibration . For it, we need a doctor who is more a human than a doctor, who has certain mastery over his own system and thus a human system as well. For the patient to be healed he needs to know how the matrices of the body can be changed by the way he approaches the patient's history. By working on certain word he must know which syllable of sound he taps at a certain point of working on which tissue of the body, to align it with the arithmetic of the system. He could imply certain sound frequency which would just break the disease if it is delivered with proper intensity and in time. For it, he needs to have a proper grab over the process. Once, it is made with right approach, if needed sunya drug is given, just a single dose does miracle here to bring the system to a certain spin of the drug. For that to happen, the patient and the doctor have to be entangled in a certain way. The process is done for the entanglement. In yogic lore it is said, Shiva says to Parvati that he can deliver her everything about this cosmos only if she sits in his lap and becomes his devi- that level of entanglement must happen between two of them with strong faith in the system, because to a certain point of intensity, intellect will do the job, but once it will reach a certain point beyond which you cannot go with your intellect, you need faith. Though the relation between the doctor and patient will not be physical in here, in a certain way they have to be one with the system of Sunya- with total involvement into the process so that in little amount of time a big thing can happen. As the disease move from gas to solid to complex state, in Sunya- it is reversed from complex to gas and then it is thrown out of the body. So sunya does not only bring health to the system, it also makes the system vibrate in a more lighter way with the heart structure. It gives people a certain experience of the self and if they keep their practices ON, they can be in continuation to their spiritual journey. Here Sunya is making an effort to bring balance between the physical and spiritual aspects of the apparent man. One without the other will be incomplete. So, this helps people in leading health with more maturity in knowing the self because if you do not know where you came from; where you will go; what you will do with health, it will itself make you deceased of not knowing the self.